

# CAMPBELL RIVER SKATING CLUB PROGRAM GUIDE

## FIGURE SKATING ACADEMY PROGRAMS

Academy is an entry-level figure skating program that teaches introductory figure skating skills to both boys and girls in a fun, small group format. The curriculum lays the foundation for long-term success in figure skating, emphasizing proper technique in edges, stroking, jumps, spins, and musical interpretation. Off-ice training develops balance, flexibility, strength, and coordination. Program participation is by invitation only

CanSkate+	Junior Academy (ages 4-7)	STAR Academy (ages 8-12)	Adult & Teen Academy (ages 13+)
Some skaters may not be ready for full integration into the Figure Skating Academy. CanSkate+ offers a blend of Academy sessions and one weekly CanSkate session, allowing skaters to build foundational skills in a familiar setting while progressing alongside advanced peers.	Junior Academy provides both content and delivery methods that are tailored to skaters aged 4-7.	Designed for skaters aged 8-12, the STAR Academy program provides more comprehensive program delivery and instruction than what is offered in Junior Academy.	An entry-level figure skating program that teaches introductory figure skating skills to teen and adult skaters in a fun, small group format. The curriculum lays the foundation for long-term success in figure skating, emphasizing proper technique in edges, stroking, jumps, spins, and musical interpretation. Off-ice training develops balance, flexibility, strength, and coordination.

### PREREQUISITES

Program participation is by invitation only, subject to the recommendation of the Figure Skating Academy Program Co-Coordinator and approval of the Director of Programs.

#### TRAINING REQUIREMENTS

2+ training days per week. Exceptions can be made in writing by contacting the Director of Programs. Consult the Academy Welcome Letter for more details.

#### PRIVATE LESSONS

Academy skaters are strongly encouraged to supplement their training with private lessons on sessions that they are qualified for. Contact the Academy Program Co-Coordinator for more info.

### LEARN MORE

[skatecampbellriver.ca/figure-skating](http://skatecampbellriver.ca/figure-skating)

### PROGRAM QUESTIONS

[h@skatecampbellriver.ca](mailto:h@skatecampbellriver.ca)

### REGISTRATION QUESTIONS

[registrar@skatecampbellriver.ca](mailto:registrar@skatecampbellriver.ca)

### WHAT'S NEXT?

To support individual goals and to prioritize athlete development, the Director of Programs assigns each skater a Primary Coach, who acts as the athlete's manager, overseeing their progress and development moving forward. In upcoming programs, members often see a reduction in registration fees, as coaches bill privately for on-ice lesson time. Except for sessions listed as "class" on the schedule, on-ice lessons are no longer included in the club registration fees. For both developmental and cost-efficiency purposes, semi-private and group lessons are often arranged.