

CAMPBELL RIVER SKATING CLUB

PRE-SUMMER 2026 MASTER TRAINING SCHEDULE: JUNE 1 - JULY 12

MON JUN 1 COMMUNITY CENTRE ROOM 1			TUE JUN 2 SPORTSPLEX ROOM 2		WED JUN 3 OCEANSIDE PLACE		THU JUN 4 COMMUNITY CENTRE ROOM 1		SAT JUN 6 OCEANSIDE PLACE		
4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 JUNIOR ACADEMY OFF-ICE	4:00-4:45 STAR ACADEMY OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	6:15-7:00 OPEN PRIVATE GROUP OFF-ICE		4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	11:15-12:00 JUNIOR PRIVATE GROUP OFF-ICE	11:15-12:00 INTERMEDIATE PRIVATE GROUP OFF-ICE	11:15-12:00 SENIOR PRIVATE GROUP OFF-ICE
4:45-5:30 INTERMEDIATE OFF-ICE			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	7:15-8:15 OPEN FREESKATE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	12:15-1:15 OPEN FREESKATE (Int/Sr non-jumping)		
5:30-6:30 SENIOR OFF-ICE			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	1:15-1:30 FLOOD		
									1:30-2:15 INTERMEDIATE FREESKATE		1:30-2:15 SENIOR FREESKATE

MON JUN 8 COMMUNITY CENTRE ROOM 1			TUE JUN 9 SPORTSPLEX ROOM 2		WED JUN 10 SPORTSPLEX ROOM 2		THU JUN 11 COMMUNITY CENTRE ROOM 1		FRI JUN 12 CANYON VIEW		
4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 JUNIOR ACADEMY OFF-ICE	4:00-4:45 STAR ACADEMY OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 POWERSKATE OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	3:30-5:30 BEYOND THE RINK!		
4:45-5:30 INTERMEDIATE OFF-ICE			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	4:45-5:30 INTERMEDIATE OFF-ICE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	*Beyond The Rink combines full off-ice training with trail adventures alongside your friends - building confidence, team morale, and unforgettable memories both on and off the ice! Senior athletes are especially encouraged to attend!		
5:30-6:30 SENIOR OFF-ICE			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	5:30-6:30 SENIOR OFF-ICE		5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE			

MON JUN 15 ROTARY FIELDHOUSE			TUE JUN 16 SPORTSPLEX ROOM 2		WED JUN 17 SPORTSPLEX ROOM 2		THU JUN 18 COMMUNITY CENTRE ROOM 1		FRI JUN 19 CANYON VIEW		
4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 JUNIOR ACADEMY OFF-ICE	4:00-4:45 STAR ACADEMY OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	4:00-4:45 JUNIOR OFF-ICE		4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	3:30-5:30 BEYOND THE RINK!		
4:45-5:30 INTERMEDIATE OFF-ICE			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	4:45-5:30 INTERMEDIATE OFF-ICE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	*Beyond The Rink combines full off-ice training with trail adventures alongside your friends - building confidence, team morale, and unforgettable memories both on and off the ice! Senior athletes are especially encouraged to attend!		
5:30-6:30 SENIOR OFF-ICE			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	5:30-6:30 SENIOR OFF-ICE		5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE			

MON JUN 22 COMMUNITY CENTRE ROOM 1			TUE JUN 23 SPORTSPLEX ROOM 2		WED JUN 24 SPORTSPLEX ROOM 2		THU JUN 25 COMMUNITY CENTRE ROOM 1		FRI JUN 26 CANYON VIEW		
4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 JUNIOR ACADEMY OFF-ICE	4:00-4:45 STAR ACADEMY OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 POWERSKATE OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	3:30-5:30 BEYOND THE RINK!		
4:45-5:30 INTERMEDIATE OFF-ICE			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	4:45-5:30 INTERMEDIATE OFF-ICE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	*Beyond The Rink combines full off-ice training with trail adventures alongside your friends - building confidence, team morale, and unforgettable memories both on and off the ice! Senior athletes are especially encouraged to attend!		
5:30-6:30 SENIOR OFF-ICE			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	5:30-6:30 SENIOR OFF-ICE		5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE			

CAMPBELL RIVER SKATING CLUB

PRE-SUMMER 2026 MASTER TRAINING SCHEDULE: JUNE 1 - JULY 12

MON JUN 29 OCEANSIDE PLACE			TUE JUN 30 SPORTSPLEX ROOM 2		WED JUL 1	THU JUL 2 COMMUNITY CENTRE ROOM 1		FRI JUL 3 OCEANSIDE PLACE		
4:45-5:05 JUNIOR PRIVATE GROUP OFF-ICE	4:45-5:05 INTERMEDIATE PRIVATE GROUP OFF-ICE	4:45-5:05 SENIOR PRIVATE GROUP OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	CANADA DAY	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	5:20-5:50 JUNIOR PRIVATE GROUP OFF-ICE	5:20-5:50 INTERMEDIATE PRIVATE GROUP OFF-ICE	5:20-5:50 SENIOR PRIVATE GROUP OFF-ICE
5:30-6:30 OPEN FREESKATE (Int/Sr non-jumping)			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	6:00-6:45 OPEN FREESKATE (Int/Sr non-jumping)		
8:30-6:45 FLOOD			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE		5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	6:45-7:30 INTERMEDIATE FREESKATE	6:45-7:30 INTERMEDIATE/SENIOR FREESKATE	
6:45-7:30 INTERMEDIATE FREESKATE		6:45-7:30 SENIOR FREESKATE								

MON JUL 6 OCEANSIDE PLACE			TUE JUL 7 SPORTSPLEX ROOM 1		WED JUL 8 COMMUNITY CENTRE ROOM 1		THU JUL 9 COMMUNITY CENTRE ROOM 1		FRI JUL 10 OCEANSIDE PLACE		
4:45-5:05 JUNIOR PRIVATE GROUP OFF-ICE	4:45-5:05 INTERMEDIATE PRIVATE GROUP OFF-ICE	4:45-5:05 SENIOR PRIVATE GROUP OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	4:00-4:45 JUNIOR OFF-ICE	4:00-4:45 POWERSKATE OFF-ICE	4:00-5:00 INTERMEDIATE OFF-ICE	4:00-5:00 SENIOR OFF-ICE	4:45-5:05 JUNIOR PRIVATE GROUP OFF-ICE	4:45-5:05 INTERMEDIATE PRIVATE GROUP OFF-ICE	4:45-5:05 SENIOR PRIVATE GROUP OFF-ICE
5:30-6:30 OPEN FREESKATE (Int/Sr non-jumping)			5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	4:45-5:30 INTERMEDIATE OFF-ICE		5:00-5:45 JUNIOR OFF-ICE	5:00-5:45 JUNIOR ACADEMY OFF-ICE	5:30-6:30 OPEN FREESKATE (Int/Sr non-jumping)		
8:30-6:45 FLOOD			5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	5:30-6:30 SENIOR OFF-ICE		5:45-6:30 ADULT & TEEN ACADEMY OFF-ICE	5:45-6:30 STAR ACADEMY OFF-ICE	6:30-6:45 FLOOD		
6:45-7:30 INTERMEDIATE FREESKATE		6:45-7:30 SENIOR FREESKATE							6:45-7:30 INTERMEDIATE FREESKATE	6:45-7:30 SENIOR FREESKATE	

REMARKS:

PRIVATE LESSONS:	TRAINING LOCATIONS:				SPECIAL DATES:
Private off-ice lessons are strongly encouraged. Contact your primary coach to make arrangements outside class times listed above.	Rotary Field House 425 B Merecroft Rd, Campbell River, BC	SportsPlex 1800 South Alder St, Campbell River, BC	Community Centre (mirrored rooms) 401 11 Ave, Campbell River, BC	Oceanside Place 830 West Island Hwy, Parksville, BC	Statutory Holiday: Wed Jul 1 (non-training day) Schedule subject to change

OFF-ICE PROGRAM CURRICULUM:

Athletes will further develop their skills through the full scope of in depth off-ice program curriculum. Well-rounded programming has been designed to elevate on-ice performance by building awareness and applying techniques in a practical setting. Throughout the term, athletes will deepen their understanding of both general and sport-specific warm up strategies, with an emphasis on creating dynamic routines they can confidently perform on their own, no matter the training season. The coaching team greatly values the support of parents and guardians in encouraging athletes to continue practicing their skills at home.

Multi-Ice Sport Fundamental Components: essential to fast tracking development, each class will include a dynamic warm-up, core stability exercises, agility drills, plyometric training, and flexibility enhancement.

POWERSKATE:	FIGURE SKATING ACADEMY:	STARSKATE & PODIUM PATHWAY:
In addition to multi-sport fundamental components, players will finess their stride technique, develop their forward and backward crossovers, lateral movement, quick starts, c-steps, tight turns and pivots. This class offers players an excellent opportunity to get a strong head start before the summer term begins. Dress code and behaviour expetations are outlined in the PowerSkate Welcome Letter. Program questions: director@skatecampbellriver.ca	In addition to the fundamental multi-ice sport curriculum, skaters will be introduced to activities that will advance development of their skating and performance skills, turning abilities, and jump and spin technique. Priority is also placed on increasing flexibility at this level. Dress code and behaviour expectations are outlined in the Figure Skating Academy Welcome Letter. Program questions: h@skatecampbellriver.ca	Alongside the fundamental multi-ice sport curriculum, skaters will also work through targeted activities designed to advance development of their skating and performance skills, level specific transitions, and jump and spin mechanics. At this level, increasing flexibility is also a key ongoing focus. Dress code and behaviour expetations are outlined in the Success Package. Program questions: contact your Primary Coach