

JUMP SEMINAR SCHEDULE

TUESDAY, FEBRUARY 17, 2026

STRATHCONA GARDENS RECREATION CENTRE

FULL SCHEDULE					
ON-ICE			OFF-ICE		
	9:00	9:30	Group 1	Jump Technique	Pinecrest Room
	9:30	10:00	Group 2	Jump Technique	Pinecrest Room
	10:00	10:30	Group 3	Jump Technique	Pinecrest Room
	10:15	11:00	Group 1	Off-Ice	Rink 1 Lobby
	10:30	11:00	Group 4	Jump Technique	Pinecrest Room
	11:00	11:45	Group 2	Off-Ice	Pinecrest Room
11:30	12:15	Group 1	Jump Class 1	Rink 2	
	12:00	12:45	Group 3	Off-Ice	Pinecrest Room
12:15	1:00	Group 2	Jump Class 1	Rink 2	
	12:45	1:30	Group 4	Off-Ice	Rink 1 Lobby
1:00	1:45	Group 1	Jump Class 2	Rink 2	
1:45	2:45	Group 2	Jump Class 2	Rink 2	
3:15	4:00	Group 3	Jump Class 1	Rink 1	
4:00	4:45	Group 4	Jump Class 1	Rink 1	
4:45	5:30	Group 3	Jump Class 2	Rink 1	
5:30	6:30	Group 4	Jump Class 2	Rink 1	
	6:45	7:15	All Groups	Q&A	Dogwood Room

GROUP SCHEDULE					
Group 1					
9:00	9:30	Group 1	Jump Technique	Pinecrest Room	
10:15	11:00	Group 1	Off-Ice (Matthew)	Rink 1 Lobby	
11:30	12:15	Group 1	Jump Class 1	Rink 2	
1:00	1:45	Group 1	Jump Class 2	Rink 2	
6:45	7:15	All Groups	Q&A	Dogwood Room	
Group 2					
9:30	10:00	Group 2	Jump Technique	Pinecrest Room	
11:00	11:45	Group 2	Off-Ice (Matthew)	Pinecrest Room	
12:15	1:00	Group 2	Jump Class 1	Rink 2	
1:45	2:45	Group 2	Jump Class 2	Rink 2	
6:45	7:15	All Groups	Q&A	Dogwood Room	
Group 3					
10:00	10:30	Group 3	Jump Technique	Pinecrest Room	
12:00	12:45	Group 3	Off-Ice (Jessica)	Pinecrest Room	
3:15	4:00	Group 3	Jump Class 1	Rink 1	
4:45	5:30	Group 3	Jump Class 2	Rink 1	
6:45	7:15	All Groups	Q&A	Dogwood Room	
Group 4					
10:30	11:00	Group 4	Jump Technique	Pinecrest Room	
12:45	1:30	Group 4	Off-Ice (Club Coach)	Rink 1 Lobby	
4:00	4:45	Group 4	Jump Class 1	Rink 1	
5:30	6:30	Group 4	Jump Class 2	Rink 1	
6:45	7:15	All Groups	Q&A	Dogwood Room	

HOSTED BY:
CAMPBELL RIVER SKATING CLUB



IMPORTANT NOTES

In order to optimize learning, independent off-ice warm-up and cool down is expected, prior to each session, to ensure that skaters are ready to learn. Skaters are encouraged to stay to watch and learn during their breaks and while other groups are in session.

CLOTHING & EQUIPMENT

ON & OFF-ICE REQUIREMENTS: Training binder, pen/pencil, water bottle and all other regular training components as presented in the Success Package. Fitted athletic clothing, no hoodies, neat and tidy hair (tied back and off face).

ADDITIONAL OFF-ICE REQUIREMENTS: Lace up running shoes, snacks and water.